

10 Gunas -- Baudhik

भक्तिर्ज्ञानं सवैराग्यं
प्रज्ञा मेधा धृतिः स्थितिः
।

योगः प्राणो बलं चैव
वृकोदरो इति स्मृतः ॥

Mahabharata
tatparya nirnaya 2-
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Bhakti-Jnanam-sa-
Vairagyam-prajna-
medha-dhruti-stithi
Yoga-prano-balam-
chaiva-vrukodara-iti-
smrtah

Meditate
(Remember) on
these 10 gunas of
Bhima also known
as Vrukodara,
Bhakti, Jnana,
Vairagya, Prajna,
Medha, Dhruti,
Stithi, Yoga, Prana
and Bala.

18 Guiding Principles

- Yudhistira is number-1, Dharma himself
- Arjuna a symbol of shravana, manana and nididhyasana, so number-3
- Nakula-Sahadeva, 1 each for Sheela and Vinaya
- Draupadi 1 each for adhyatma / philosophical-knowledge/ vidya
- What are the other 10?



10 “Gunas” of Bhima

Bhakti

10 “Gunas” of Bhima

Bhakti

Jnana

10 “Gunas” of Bhima

Bhakti

Jnana

Vairagya

10 “Gunas” of Bhima

Bhakti

Jnana

Vairagya

Prajna

10 “Gunas” of Bhima

Bhakti

Jnana

Vairagya

Prajna

Medha

10 “Gunas” of Bhima

Bhakti

Jnana

Vairagya

Prajna

Medha

Dhruiti

10 “Gunas” of Bhima

Bhakti

Jnana

Vairagya

Prajna

Medha

Dhruti

Stithi

10 “Gunas” of Bhima

Bhakti

Jnana

Vairagya

Prajna

Medha

Dhruti

Stithi

Yoga

10 “Gunas” of Bhima

Bhakti

Jnana

Vairagya

Prajna

Medha

Dhruti

Stithi

Yoga

Prana

10 “Gunas” of Bhima

Bhakti

Jnana

Vairagya

Prajna

Medha

Dhruti

Stithi

Yoga

Prana

Bala.

10 “Gunas” of Bhima

Bhakti	Jnana	Vairagya	Prajna	Medha
Dhruti	Stithi	Yoga	Prana	Bala.

